

# Equaleasy - Buoyancy and equalisation



1.  
During the dive I feel discomfort in my ears. I am probably unwillingly descending. What should I do?

- A. Ascend to a comfort depth and try to equalise again.
- B. Stop, equalise, and continue diving at the same depth.

2.  
In order to control the buoyancy, I should rely more often on:

- A. The BCD, which is more reliable, has been developed for this purpose.
- B. My lungs and respiration.

3.  
The most frequent accident related to a poor buoyancy control is:

- A. Barotrauma.
- B. DCS.

4.  
When I stop finning, I always sink a bit:

- A. It is absolutely normal.
- B. It is the sign I am negatively buoyant.