

Fighting against nicotine addiction

I'm trying to quit smoking and I would like to know: are there any contraindications to diving when taking Champix?

Answer from DAN experts:

This medication acts upon the nervous system, and taking it could cause some side effects; among the most common adverse effects are dizziness, drowsiness, nausea, and headaches. It follows that taking this medication could potentially be incompatible with safe diving. Possibly, following a trial period at atmospheric pressure, and given that none of these adverse effects present themselves, you could very gradually try experimenting with diving while on this medication, and slowly descend to greater depths.