

# Varicose veins and diving

**I have varicose veins, which I want to have removed. Will this procedure present any problems relative to diving?**

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*Answer from DAN experts:*

Removing varicose vein does not present any particular problems for divers. No specific procedure is recommended for divers, because there is no need for any special consideration. Your doctor should use the procedure that best suits your clinical needs. A return to diving is appropriate after you have fully recovered from the procedure and you are released for full and unrestricted activity.