

Equaleasy - the quiz



1.
In order to clear the nasal airways, you would preferably inhale:
 - A. A medicinal solution
 - B. Sea water
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2.
Clearing earwax plugs: what should I do NOT?
 - A. Use ear drops
 - B. Try to clear the duct mechanically by myself
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3.
Nasal sprays...
 - A. They have no major contraindications
 - B. The short-lasting effect exposes one to reverse blocks
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4.
Orally administered decongestants (ephedrine, etc.)
 - A. They are safer than sprays
 - B. They can induce drowsiness, dizziness, and increased blood pressure
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5.
Is the old remedy of rinsing the ear canal with alcohol and vinegar, after diving rich in plankton or bacteria waters, still valid?
 - A. It is still useful
 - B. It turned out to be dangerous
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